

Click on item number to go to product online.

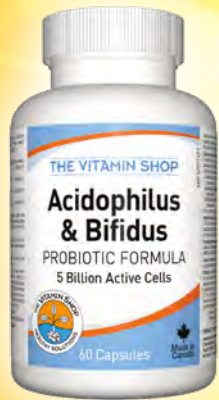


CanadianVitaminShop.com™, the online division of
THE VITAMIN SHOP®
 Healthy Solutions Since 1984!

1212 Broad St.
 (between Yates St.
 and The Bay Centre),
 Victoria, BC, V8W 2A5
 Phone 250-386-1212

Prices in effect:
 October 4-27
 2024

COMPLETE SELECTION AND LOW PRICES ON BRAND-NAME SUPPLEMENTS



THE VITAMIN SHOP®

ACIDOPHILUS & BIFIDUS
 5 Billion Active Cells

- three strains of probiotics to assist normal intestinal health
- rhamnosus, acidophilus, and bifidum
- can hold at bay pathogenic bacteria, viruses & yeast
- can prevent antibiotic-induced diarrhea
- promotes regular bowel movements
- can help reduce cholesterol

60 Caps
\$4.48

Item#86634



Regenerlife CREATINE

- naturally occurring compound
- increases the body's lean muscle mass when training
- quickly taken up by muscles
- replenishes ATP stores which decline naturally with age
- 5g of purified, micronized creatine per serving
- easy-to-mix • readily absorbed • suitable for vegans
- third-party-tested • non-GMO

300g Powder
 Item#2648

\$2 coupon will be applied

natural Factors®



PURE COLLOIDAL SILVER

- heals wounds & skin conditions
- water purification
- anti-inflammatory
- sinus infection support
- cold & flu support
- bronchitis & pneumonia support

BONUS SIZE
 500ml+100ml
\$28.98

Item#6064

Naka Professional



prairienaturals

CITRUS SOOTHER

- therapeutic hot lemon, honey & ginger drink
- with elderberry, lemon balm & echinacea
- natural cold & flu prescription
- immune-boosting zinc
- vitamins C & D

150g Powder
\$26.98
 Item#9381

- no acetaminophen
- delicious & instant
- good for all ages
- gluten-free



LIVER

Milk Thistle
 plus Alpha Lipoic Acid

- high quality & potency
- removes toxins from skin
- helps fight gallstones, jaundice and hepatitis
- perfect for smokers or those who drink alcohol or live or work in polluted areas

BONUS SIZE
 90+18 Vcaps
 Item#2272

\$2 coupon will be applied

New Roots HERBAL



ESTER-C SUPREME 600mg
 Citrus Free

- for those who suffer from allergies and desire the immune-boosting qualities of patented Ester-C
- citrus-free
- with polysaccharides and bioflavonoids to fight invading organisms
- maximum bio-availability & absorption

210 Vegcaps
 Item#5627

\$3 coupon will be applied



CanadianVitaminShop.com™

While quantities last. We reserve the right to limit quantities.



Free Delivery
 Mon-Fri with
 minimum \$70 order
 within radius.



Shop By Phone
 250-386-1252
 Fax: 250-386-1299



Toll Free
 1-888-386-1211
 Fax: 1-877-386-1211



Free Shipping
 anywhere in Canada
 with minimum \$79 order.



STORE HOURS: Mon-Fri: 9am-5:30pm • Saturday: 9:30am- 5:30pm • Sunday: 11am- 5pm



Click on item number to go to product online.

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NATURAL FACTORS
SUNVITAMIN D3
2500 IU

- convenient, high-potency dose of D as cholecalciferol – the natural form and most effective at raising levels D
- for people who are deficient in D due to low dietary intake, minimal sun exposure or inadequate absorption

180 sgels #2225 **6.88**
360 sgels #2232 **15.68**
500 sgels #2233 **16.98**
250 tabs #2234 **9.68**
15 ml #2239..... **10.48**

\$2 coupon will be applied



NATURAL FACTORS
RegenerLife BEEPOWERFUL

- combines bee pollen with bee propolis, Siberian ginseng and green tea
- to help improve mental and physical performance after periods of exertion
- provides naturally occurring antioxidants, amino acids, vitamins, minerals, coenzymes and fatty acids
- no GMOs or artificial preservatives.

90 Caps Item#2376

\$2 coupon will be applied



NATURAL FACTORS
C EXTRA+QUERCETIN

- combines vitamin C with the bioflavonoid quercetin
- C is essential for collagen formation, bones, cartilage, teeth & gums
- can help allergy relief, cardiovascular and use of vitamin C

w/250mg Quercetin 90 Vegcaps Item#2321
w/500mg Quercetin 90 Tabs Item#2336

\$2 coupon will be applied



WHOLE EARTH & SEA
HORSERADISH Respiratory Relief

- to relieve and shorten duration of symptoms of upper respiratory tract infections including the common cold
- six botanicals plus vitamin C
- horseradish, GarlicRich, vitamin C and Echinamide echinacea support immune system activity
- whole food nutrition from raw, non-GMO ingredients

60 Tabs Item#1393

\$2 coupon will be applied



NATURAL FACTORS
UBIQUINOL
Active CoQ10 100mg

- this active form of CoQ10 is significantly better absorbed, particularly as we age
- essential for health of all tissues and organs
- helps immunity, cardiovascular, liver and kidney

120 Softgels
\$63.48 Item#5748



NATURAL FACTORS
PANAX GINSENG

- also known as Chinese or red ginseng
- to combat the mental and physical effects of stress
- acts as a tonic, increasing overall energy and stamina
- made to a strict standard that guarantees a minimum 10% ginsenosides

60 Softgels
\$17.78 Item#2178

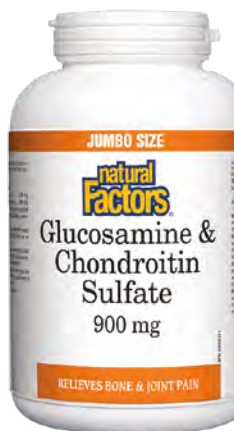


NATURAL FACTORS
METHYLCOBALAMIN B12
10,000mcg • Quick Dissolve

- most bioactive form of B12
- helps form red blood cells
- prevents B12 deficiency and supports normal function of the immune system
- helps the body metabolize nutrients
- better absorbed than cyanocobalamin B12

30 Subling. Tabs Item#2039

\$2 coupon will be applied



NATURAL FACTORS
GLS & CHONDROITIN
SULFATE

- 500mg GLS & 400mg Chondroitin
- natural way to ease joint pain and promote healing of cartilage and connective tissue
- natural anti-inflammatory
- works synergistically to relieve pain from damaged connective tissue and restore joint and cartilage health

360 Caps
\$39.58 Item#2169



NATURAL FACTORS
SELENIUM 200mcg

- vital antioxidant that may slow aging caused by free radical damage
- helps preserve elasticity of tissue that become less elastic with age
- helps fight infections
- can benefit the thyroid gland
- for maintenance of health

360 Tabs
\$22.48 Item#2140



PREFERRED NUTRITION
OMEGA-3 Maximum Strength

- high-potency one-a-day omega-3 supplement
- to support cognitive and cardiovascular health
- EPA and DHA from purified, sustainably sourced fish oil
- enteric capsule enhances absorption and prevents fishy aftertaste

90 Softgels Item#2400

\$3 coupon will be applied



PREFERRED NUTRITION
TURMERIC Curcumin

- concentrated source of natural antioxidants
- delicious, orange-flavoured vegan gummies
- can help relieve joint pain

120 Gummies Item#5928

\$3 coupon will be applied



PREFERRED NUTRITION
MAGNESIUM
BISGLYCINATE

- is a gentle magnesium formula that helps support bones, teeth, nutrient metabolism, and muscle function, including the heart. Each serving provides 200 mg of this critical mineral to support easier absorption while being gentle on the digestive system.

120 grams Item#2404

\$3 coupon will be applied

CanadianVitaminShop.com™

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VICTORIA: Shop by Phone: 250-386-1252 (fax: 250-386-1299) • Free Delivery Mon-Fri with minimum \$70 order within radius. THE VITAMIN SHOP® 3



ENEREX GREENS

- powdered juices of organic kamut, barley, alfalfa, red beet juice powder & spirulina
- processing preserves all delicate nutrients
- provides essential phospholipids, isoflavones, enzymes and essential fibre
- dairy-free, temperature stable probiotic

400g Powder

Mixed Berry: #5518 • Plain: #5532

\$2 coupon will be applied



FLORA

EFAMOL Beautiful Skin Evening Primrose Oil 1000mg

- pure evening primrose oil is one of the best sources of GLA (omega 6)
- the purest, easiest-to-assimilate form available
- helps maintain hormonal balance, healthy skin, hair and nails
- can relieve symptoms of PMS, menopause, eczema and psoriasis

180 Softgels Item#4511

\$3 coupon will be applied



SISU Ester-C ENERGY BOOST

Bring your water to life

- daily re-hydrating vitamin drink mix
- just add water
- 1000mg Ester-C per packet
- with nourishing vitamins, minerals and electrolytes
- use at work, gym or home

30 Packets

Orange: #5723

Wildberry: #5727

Lemon/Lime: #6509

\$2 coupon will be applied



PROGRESSIVE

ASHWAGANDHA Sleep Complex

- melatonin-free sleep aid featuring ashwagandha
- Shoden Ashwagandha is a clinically studied form that helps improve sleep quality
- with natural herbal blend of lemon balm, l-theanine, and passionflower
- promotes relaxation and stress relief

30 Vegcaps

\$16.98

Item#6954



IRON VEGAN

Fermented L-GLUTAMINE

- from non-GMO vegan sources (beets and/or corn) that have been fermented using bacterial cultures
- L-glutamine supports the immune system after physical stress

400g Powder

\$24.98

Item#2649

- assists in muscle repair after exercise



ORGANIKA

L-THEANINE 225mg

Feel more relaxed during the day. Sleep better at night!

- non-drowsy alternative to medication
- helps promote relaxation
- amino acid naturally occurring in tea plants
- stimulates the production of alpha brain waves, allowing for deep relaxation without drowsiness

BONUS SIZE

90 + 20 Vegcaps

\$22.48

Item#4108



CANPREV

SYNERGY B

- complete B complex formula in the preferred forms
- with 200mg L-theanine to promote mental relaxation
- with spirulina for natural source B's
- L-5-MTHF is the most active form of folic acid

60 Vegcaps

Item#4751

\$3 coupon will be applied



CANPREV

IRON Bis-Glycinate 25mg

- chelated iron
- easy to absorb
- gentle on the stomach
- won't cause constipation, diarrhea, stomach upset & nausea like some other iron supplements

120 Vegcaps

Item#6382

\$3 coupon will be applied



NUTRISTART NATURALLY

ADRENALSTART

- to help you deal with physical, mental and emotional stress
- supports and rebuilds adrenal glands
- adrenal exhaustion can lead to irregular heart rate, high or low blood pressure, digestive problems and hormonal imbalance

120 Vegcaps

240 Vegcaps

Item#6665

Item#6686

\$5 coupon will be applied



A. VOGEL

SABALASAN PROSTATE 1 320mg Saw Palmetto

- Recommended at the first sign of urologic disorders such as urgent need to urinate, difficult & scanty urination, as well as frequent need to urinate, especially at night.

60 Caps

\$47.48

Item#7003



HEALTHOLOGY

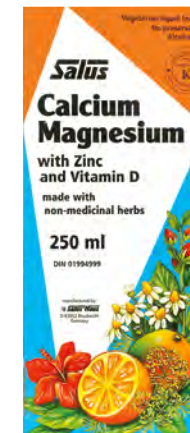
LIV-GREAT Liver Formula

- daily support for the liver by boosting its detox capacity and helping to protect it from damage
- promotes production of bile to help eliminate toxins

60 Vegcaps

Item#5067

\$3 coupon will be applied



SALUS LIQUID TONICS

CALCIUM MAGNESIUM

- for bones, teeth, healthy gums and cardiovascular system
- optimal bio-availability
- contains fruit juices for proper acid balance needed for absorption

250 ml

Item#4596

500 ml

Item#4491

\$3 coupon will be applied

CanadianVitaminShop.com™

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\$2-OFF



Collagen production often lessens by age 30, leading to visual signs of aging. The hydrolyzed forms of collagen and elastin found in Total Body are easily absorbed by the body to contribute to healthy collagen and elastin production, tissue formation, reduced joint pain and healthy hair, skin and nails, Mix in hot or cold beverages and meals. Sustainably sourced.

natural
Factors®



AOR THYRO SUPPORT

- to support an underactive thyroid
- provides the raw materials for the production of thyroid hormones
- helps increase conversion of T4 into its more effective form: T3
- include tyrosine, herbs coeleus forskohlii, bacopa monnieri and essential minerals iodine, zinc, copper and selenium

\$3 coupon will be applied



CANPREV MAGNESIUM THREONATE

- research suggests magnesium threonate reaches brain cells more effectively than other forms of magnesium
- aids energy metabolism and tissue formation
- helps maintain electrolyte balance
- encourages proper muscle function, including the heart

\$3 coupon will be applied



**SISU ZINC LOZENGES
Lemon Lime Flavour**

- high-potency zinc
- convenient, great-tasting lozenges
- take year-round for better hair, skin and nail health
- additional support for immune system during cold and flu season

\$2 coupon will be applied



AOR ESTRO ADAPT

- alleviates effects of excessive estrogen or environmental toxicity
- supports menstrual cycle
- can help reduce risk of abnormal cellular growth related to excess estrogen in breast and cervical tissues
- helps balance levels of 'bad' and 'good' estrogens

\$3 coupon will be applied



GENUINE HEALTH JOINT RECOVERY with NEM

- most effective way to improve mobility and range of motion due to osteoarthritis joint pain and joint stiffness
- NEM feeds you all essential nutrients for joint health and flexibility, including glucosamine and chondroitin, collagen, elastin and glycosaminoglycans.
- Don't use if you're allergic to eggs

\$3 coupon will be applied



**PURICA IMMUNE 7
Immune Support**

- a potent immune formula containing six organic whole mushroom mycellia (nano-particles) and aqueous extracts
- for cold and flu prevention and therapy

120 Vegcaps Item#2613
360 Vegcaps Item#2623

\$5 coupon will be applied

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