

STORE HOURS: Mon-Fri: 9am-5:30pm • Saturday: 9:30am- 5:30pm • Sunday: 11am- 5pm

BBB. Accredited Dusiness

2 THE VITAMIN SHOP[®] OUT OF TOWN: Call Toll Free: 1-888-386-1211 (fax: 1-877-386-1211) • Free Shipping anywhere in Canada with minimum \$79 order



CanadianVitaminShop.com[™]

Click on item number to go to product online.

NATURAL FACTORS

and healing properties

BONUS SIZE

90+30 Caps

\$**18**.48

• to help protect your liver from

pollutants, toxins and chemicals

gallbladder & new cell growth

promotes bile flow, cleansing of liver,

Item#2352

MILK THISTLE 150mg Silymarin

• safe, natural and effective detoxifying

VICTORIA: Shop by Phone: 250-386-1252 (fax: 250-386-1299) • Free Delivery Mon-Fri with minimum \$70 order within radius. THE VITAMIN SHOP® 3

30 FREE CAPSI

HerbalFactor

Milk Thistle

150 mg Silymarin

250 mg - 90 120 Capsule



NATURAL FACTORS

NAC N-Acetyl-L-Cysteine 600mg • free-form amino acid and powerful antioxidant precursor to glutathione, a key antioxidant that fights oxidative stress, repairs tissues & supports overall health

supplementing with NAC increases glutathione levels better than supplementing with

BONUS SIZE glutathione itself as 120+60 Vcaps NAC passes into the \$23.88 bloodstream intact Item#2069



80 210 Sublingu CEU 1000 mca

B12

wlcobal

LOGICALLY ACT

atomizerent. alexekterentet

UNIX Materia Materia Material Material

NATURAL FACTORS

- **B12** Methylcobalamin 1000mca
- biologically active form of B12
- can reduce homocysteine levels
- can help sleep patterns and improve mood
- B12 deficiencies are fairly common, especially in the elderly and vegetarians
- easy to assimilate



NATURAL FACTORS ULTIMATE

- **PROSTATE SUPPORT** seven of the best-known and researched herbs in one formula
- can reduce symptoms of BPH, reduce urinary difficulties, improve sleep quality and
- support healthy erectile function • guaranteed purity and potency

60 Softgels \$**28**.98 [tem#2065

WHOLE EARTH & SEA Nhole Food PROBIOTIC **Fermented Whole Food Probiotic**

- 10 billion active cells of 10 strains of beneficial bacteria per capsule
- made through natural fermentation with an organic prebiotic blend
- vegan-friendly, one-a-day synergistic formula supports gastrointestinal health & wellness

60 Vegcaps Item#1227

\$2 coupon will be applied

NATURAL FACTORS RegenerLife NMNSURGE

- metabolically active nicotinamide mononucleotide (NMN), an anti-aging ingredient used to rejuvenate cellular health
- this biologically active form of vitamin B3 is quickly converted to nicotinamide adenine dinucleotide (NAD+), a metabolite needed for optimal energy production and cell renewal

60 Vegcaps 120 Vegcaps Item#2108 Item#2138



CanadianVitaminShop.com[™]

Pure Food HERRING

Berberine

LipoMicel

500 mg

120 Softgels

GOLD° 1000mg NON-GMO

Omega-3 DHA, EPA, Choline & Astaxanthin

o-Swallow - No Fishy R 60 Softgels

regenerlife MAGNESIUM L-Threonate **Cognitive Support**

90 Vegetarian Capsules



form of magnesium L-threonate

significantly increases magnesium

can improve short and long-term

memory for people of all ages

concentrations in the brain

than krill oil

• for cognitive support in the aging brain HIGH ALPHA VHEY PROT MEAL REPLACEMENT with LOW FODMAP Reliefibr



• provides 25g of high-quality whey protein

- and 5g of low-FODMAP Reliefibre • with essential vitamins, minerals, lecithin,
- and medium-chain triglycerides (MCTs) for full meal replacement
- helps satisfy your appetite • provides complete nutrition



regenerlife

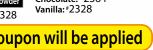
Vanilla: #2328 Item#2328

885g Powder Chocolate: #2364



Metabolically Active & NAD Precursor

Nicotinamide Mononucleotid 150 mg - 60 Vegetarian Capsules



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60 Tabs 120 Tabs \$2 coupon will be applied

PROGRESSIVE

+ Collagen & MCT

and isolate powder

New Zealand cattle

amino acids

700g Powder

GRASS FED WHEY

• to support an active body

• easy-to-digest whey protein concentrate

• with hydrolyzed collagen sourced from

grass fed cattle and MCT oil powder

Vanilla: #7227

NORTH COAST NATURALS

from certified organic hemp seeds

• a complete protein, containing

all nine essential amino acids

• rich in magnesium & potassium

• sodium and cholesterol free

• ultra clean protein from grass fed

• whey is a source of essential

\$65.98 Chocolate:#7228

Organic Raw

• 100% vegan

840g

HEMP PROTEIN

910

Blue Berry

Strong

Item#4100 Item#4126

Progressiv

GRASS FED

COLLAGEN

🥶 🐽 🚳

WHEY+

6 [™]VITAMIN SHOP[®] OUT OF TOWN: Call Toll Free: 1-888-386-1211 (fax: 1-877-386-1211) • Free Shipping anywhere in Canada with minimum \$79 order.

NEW NORDIC

during aging

and lutein

BLUE BERRY STRONG

• Scandinavia's most popular

• to preserve optimal eyesight

concentrated bilberry extract

• lutein is required by the eye

to absorb light and protect it

from damaging free radicals

eye health supplement

· contains anthocyanins



SURO SURO BREATHE

- works quickly to open and clear the airways
- exclusive formula of 17 organic plants • to help relieve excess mucus from
- the upper respiratory tract • to relive symptoms of chronic bronchitis (anticatarrhal) and seasonal allergies





ROVITA

Berberine TPGS

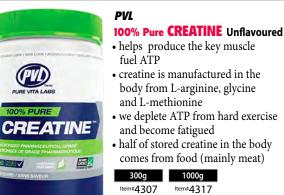
METABOLIC

% PURE

PROGRESSIVE **MULTI** for Women & Men 50+

A daily multi-vitamin and mineral supplement that provides extra insurance in a world of over-processed foods, occasional poor dietary habits and higher levels of stress





\$3 coupon will be applied

PROVITA **BERBERINE TPGS**

• more bioavailable due to delayedrelease capsules to minimize impact of stomach acids • can be therapeutic in metabolic syndrome characterized by high blood sugar and A1c levels

BONUS SIZE ^{tem#}7843 60+20 V caps

\$3 coupon will be applied



RAW HEMP PROTEIN

on your facebookt can problem fundered

SIERRASIL

• a blend of naturally occurring minerals that help relieve joint aches & stiffness by way of anti-inflammatory and detoxifying action researched for safety & efficacy guaranteed results in 14 days or less

Item#9704



\$29.48 Item#4216

JOINT FORMULA 14

\$**51**.98



NutraSea

Omega-3

ST. FRANCIS **CANADIAN BITTERS**

NATURE'S WAY

balanced EPA/DHA

• for optimal health

party verification

lemon flavour

Item#2943

NUTRASEA OMEGA-3

pharmaceutical-quality fish oil

• exceeds CRN purity standards

• certified by Pure Check third

240 Softgels 500 ml 60 Softgels

Item#2901

Item#2961

suitable for children, adults and seniors

Revitalizes a whole range of digestive functions & provides rich enzyme catalysts which improve nutrient absorption

\$**26**.78 Item#3779



CERTIFIED NATURALS

CHEWABLE VITAMIN C

90

Shark Cartilage for JOINT RELIEF

 has helped thousands of arthritis sufferers experience dramatic improvement in mobility and reduction in joint pain pure shark cartilage from the restaurant industry, so no sharks are killed deliberately for the production of this product best results after 2–3 weeks

100 Caps tem#198 \$**27**.78

CERTIFIED NATURALS PureWav-C

CHEWABLE VITAMIN C

• vitamin C with complex of citrus bioflavonoids and fatty acids

• bioflavonoids help protect the ascorbic acid in PureWay-C • the added fatty acids help deliver water-soluble vitamin C across

the intestinal barrier and into the tissues where it 90 Chews s needed



utriKr









75 gr

SPORT PLUS DEODORANT DÉSODORISAN

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NATURE'S WAY **DANDELION ROOT**

- rich in potassium and vitamin A a popular herb, used as a
- natural diuretic, organ cleanser and purifier
- excellent general, overall tonic
- also use topically on boils, abscesses, acne, blisters, warts and corns





NATURE'S WAY **KELP**

- grown in deep ocean water away from heavy metals and toxins • uses the whole dried plan
- a good source of iodine which is essential for proper thyroid function and regulating the body's metabolism

BOIRON

OSCILLOCOCCINUM

homeopathic medicine

• can relieve symptoms of

flu such as body aches,

take within the first 24

increases your body's

hours of the flu

natural defenses

• easy to take

all-natural

headache, fever and chills



U-LIKE SYMPTOMS

Oscillococcinum

Non-Drowsy
Day & Night Use
No Preservatives

BOIRON

12 Doses 30 Doses

\$20.48 \$34.88

Item#5274

Item#5389

HEALTHOLOGY

LVER FORMULA

UV-GREAT

way Southes GI Inflammation ORME ROUGE

NATURE'S WAY **SLIPPERY ELM BARK**

- traditional natural remedy used for centuries
- use topically and internally
- to soothe and relieve irritated, inflamed tissue and mucous membranes in the stomach, bowels and urinary tract
- helps relieve inflamed lungs, sore throats and irritated kidneys

180 Caps • don't take if pregnant

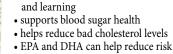
 conscientiously \$24.48 harversted

Item#1774

AERYON WELLNESS LOSE IT

Fat Loss Support

- unlike other fat metabolizers that only boost thermogenesis, Lose It works to balance out the female hormonal system and unlock estrogen's hold on your fat-burning potential
- 60 Vegcaps an-inatural may help with weight \$33.48 loss plateau, low energy and weight gain in your stomach & mid section



NUTRIKRILL

of coronary heart disease 60 Softgels 120 Softgels

NUTRISTART NATURALLY

• powerful anti-inflammatory

can soothe joint pain and stiffness

supports concentration, memory



GENUINE HEALTH GREENS+

ensures your daily nutrition significant amounts of vitamins, minerals, amino acids, EFAs, enzymes, co-enzymes, herbal extracts and soluble/insoluble fibre made from organic, alkalineforming foods • non-GMO

Unsweetened 208g: #6157 **Unsweetened 415g:** #6159 eetened 240 caps: #6070 Mixed Berry 450g: #6165 Daily Detox, Green Apple 406g: *6083 Extra Energy, Capuccino 441g: #6184 Extra Energy, Orange 670g: #6180 Extra Energy, Orange 399g: *6066 Multi, Mixed Fruit 459g: #6177



EARTHWISE SPORT PLUS Deodorg

- aluminum chlorhydrate free
- just natural ingredients designed to keep you feeling dry, comfortable





- pleasantly scented
- no artificial colourants
- and fresh-scented



WELEDA Skin Food

Skin Food 75ml: #1697

Body Butter 150ml: #1698 Day Cream 40ml:#1693 Night Cream 40ml: #1694

WELEDA **SKIN FOOD** Nourishing Day Cream • restore the natural

- luminosity of your skin with this rich moisturizer nutrient-rich cream with
- and squalane
- for normal to dry skin

\$2 coupon will be applied



Cherry: #6733

Orange: #6732

Honey Lemon: #6734

GREEN BEAVER TOOTHPASTE

• fluoride-free

• contains no SLS, GMO ingredients, chemical preservatives, artificial flavors, dyes or sweeteners

Star Anise: #5142 Spearmint: #5009 Green Apple: #5068 Sensitive Fresh Mint: #9232 Frosty Mint: #9719



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AERYON löseit. metabolism support soutien du métabolisme vojan vigiti ninkopenet vigiti ninkopenet spitokene helps support fai

lozenges

18 Lozenges

\$ **2**.48

• all-natural Item#4141

> HERBION Sugar-Free COUGH

LOZENGES • a convenient addition to

cough syrup contains seven different potent ingredients that relieve discomfort caused by cough, nasal congestion and sore throat



HEALTHOLOGY LIV-GREAT Liver Formula COUGH

- daily support for the liver by boosting its detox capacity and helping to protect it from damage • promotes production of bile to help
- eliminate toxins

60 Vegcaps Item#5067

🛞 🐨 🖉 😫 coupon will be applied

Nourishing Day Cream Crème de Jour Nourrissant



- olive leaf, calendula, pansy
- absorbs easily into skin

• so natural you can eat it!



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