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CanadianVitaminShop.com™, the online division of
THE VITAMIN SHOP®
 Healthy Solutions Since 1984!

1212 Broad St.
 (between Yates St.
 and The Bay Centre),
 Victoria, BC, V8W 2A5
 Phone 250-386-1212

Prices in effect:
 Feb. 7-23, 2025

COMPLETE SELECTION AND LOW PRICES ON BRAND-NAME SUPPLEMENTS



THE VITAMIN SHOP

OMEGA-3 500mg EPA/DHA

- made from cold-water anchovy, sardine and/or mackerel oils – two of the best natural sources of EPA and DHA
- 300mg EPA plus 200mg DHA per softgel
- fats are integral to health
- many diets lack essential fatty acids (EFAs) which are polyunsaturated fats with countless benefits for the cardiovascular, nervous, and musculoskeletal systems
- promotes hormone production and cellular repair

60 Softgels

\$4.48

Item# 86346



Regenerlife CREATINE

- naturally occurring compound
- increases the body's lean muscle mass when training
- quickly taken up by muscles
- replenishes ATP stores which decline naturally with age
- 5g of purified, micronized creatine per serving
- easy-to-mix • readily absorbed • suitable for vegans
- third-party-tested • non-GMO

300g Powder
 Item# 2648

\$2 coupon will be applied



ULTRA B COMPLEX

- B vitamins work together in the body
- they are used metabolism of fats, carbohydrates, proteins, the formation of red blood cells
- fast-acting
- actively supports the mind, mood, nervous, cardiovascular and digestive systems

90 Vegcaps
 Item# 6026

\$2 coupon will be applied



SHILAJIT Testosterone Support for Men

- helps support normal free and total testosterone levels in men
- may enhance energy
- provides fulvic acid, an antioxidant
- vegan • GMO free
- no added gluten, nuts, eggs, animal products, dairy products, fish or shellfish, wheat or yeast

120 Vegcaps
\$50.98
 Item# 6147



Micronized Fermented GLUTAMINE Powder

- assists muscle, digestive and immune system repair after prolonged exhaustive exercise
- micronization makes L-glutamine easier for the body to absorb
- no taste
- mixes easily into water

600 g
 Item# 5898

\$5 coupon will be applied



Full Spectrum CURCUMIN

- 185 times greater bioavailability
- patented process changes an opaque powder into a clear, bio-available liquid that allows curcumin to be readily passed into the blood stream and stay in the body for 24 hours

60 Liq. Softgels
 Item# 2304

\$3 coupon will be applied



CanadianVitaminShop.com™

While quantities last.
 We reserve the right to limit quantities.



Free Delivery
 Mon-Fri with minimum \$70 order within radius.



Shop By Phone
 250-386-1252
 Fax: 250-386-1299



Toll Free
 1-888-386-1211
 Fax: 1-877-386-1211



Free Shipping
 anywhere in Canada with minimum \$79 order.



STORE HOURS: Mon-Fri: 9am-5:30pm • Saturday: 9:30am- 5:30pm • Sunday: 11am- 5pm



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NATURAL FACTORS

Extra Strength BROMELAIN 500mg

- breaks down protein for optimal digestion and absorption
- a natural anti-inflammatory that can reduce swelling and improve conditions associated with arthritis and other degenerative bone and joint diseases
- useful as a natural weight-loss supplement

180 Caps
\$25.58
 Item#1508



NATURAL FACTORS

EYE FACTORS Formula

- to fight eyesight deterioration from aging, exposure to UV rays & eye strain
- with lutein, bilberry, multi-anthocyanidins, carrot juice powder & eyebright
- ideal for those whose work is eyesight dependent
- can help relieve problems associated with glaucoma, cataracts & some diabetic issues

90 Caps
\$11.48
 Item#1295



NATURAL FACTORS

Echinamide ANTI-VIRAL

- clinically-proven Echinamide with well-researched herbs
- helps shorten duration and severity of cold & flu
- for sore, irritated throats
- antifungal
- antibacterial

Send the flu bug packing!



100ml Liquid
\$22.48
 Item#1319

120 Softgels
\$33.48
 Item#1329



NATURAL FACTORS

CELERY SEED Extract: 85% 3nB

- modern research is upholding the traditional medicinal value of the common celery plant
- celery contains a powerful healing factor compound known as 3nB (3-n-butyl phthalide) that appears to help lower blood pressure by acting as a diuretic and vasodilator by impacting the production of prostaglandin

60 Caps
\$17.98
 Item#2001



NATURAL FACTORS

HEARTBURN CHEW

- to help relieve minor inflammation of GI tract, abdominal pain and burning sensation in the stomach
- a harmonious blend of amla, deglycyrrhizinated licorice root and slippery elm
- clinically researched
- take one apple-ginger-flavoured chewable 20 minutes before each meal

\$3 coupon will be applied

90 Chews
 Item#1280



NATURAL FACTORS

LUNG, BRONCHIAL & SINUS HEALTH

- Empysema? Asthma? Pneumonia? Allergies?
- all-natural expectorant
- helps relieve chest congestion and dry, irritating coughs
- helps oxygen saturation in lungs
- synergistic with NAC and bromelain

90 Tabs
\$21.98
 Item#1328



NATURAL FACTORS

NATTOKINASE

- fibrinolytic enzyme to support cardiovascular
- a traditional Japanese food made from fermented soybeans and widely recognized for its health benefits
- with NSK-SD, a patented, highly purified form of nattokinase used in clinical studies
- naturally occurring vitamin K2 is removed to avoid interactions with some medications

60 Vegcaps
\$19.98
 Item#1523



NATURAL FACTORS

HI POTENCY MULTI

- Vegetarian Formula
- for active individuals who want higher B vitamin levels
- broad spectrum of essential vitamins and chelated minerals including 50mg of each B vitamin
- "extra insurance" that your body is getting all the vitamins and nutrients it needs

180 Tabs
\$35.98
 Item#2151



NATURAL FACTORS

Fermented APPLE CIDER VINEGAR 500mg with 250mcg Chromium

- to maintain normal blood glucose levels
- a home remedy for digestion problems
- hassle-free capsule form
- organic source
- non-GMO • suitable for vegans

90 Vegcaps Item#1983

\$2 coupon will be applied



SISU

SKIN, HAIR & NAILS

- clinically-proven
- reduce skin damage from UV
- increase skin moisture
- decrease fine lines
- promote strong hair & nails

60 Vegcaps
 Item#2766

\$2 coupon will be applied



SISU RHODIOLA Stress Caps

- supports improved mental function during times of physical or mental stress
- can increase general well being
- a safe herb
- can help increase energy, mental clarity, focus and performance while relieving anxiety and improving your sex life

60 Vegcaps Item#5661

\$2 coupon will be applied



SISU

NAC 600mg (N-acetyl-L-cysteine)

- antioxidant & detoxifier
- can protect against some heavy metals, herbicides & pollutants
- can reduce effects of some chemotherapy
- naturally lowers levels of lipoprotein buildup and fights free-radical buildup
- can break up mucus

120 Vegcaps Item#3357

\$2 coupon will be applied



PRAIRIE NATURALS

Sytrinol CHOLESTFORCE

- a clinically-studied cholesterol-lowering supplement made from natural phytochemical compounds in citrus peel and palm fruit extracts
- an antioxidant to help reduce arterial plaque and improve glycemic control

DUO-PACK
 60+60 Vcaps
\$70.98
 Item#3101



PRAIRIE NATURALS

PreCardix BP-FORCE

- an effective non-prescription, natural health product for healthy blood pressure and cardiovascular health
- contains a key ingredient, PreCardixBP, derived from shrimp protein hydrolysate

60 Tabs
\$34.68
 Item#9419



AOR CARDIO-MAG 2.0

- magnesium orotate in Cardio-Mag 2.0 is fully-reacted, unlike most 'magnesium orotate' products which are food-grade mixtures of orotic acid with inorganic magnesium salts
- magnesium & orotic acid support the heart's ability to endure & recover from chronic & acute stressors

\$3 coupon will be applied

120 Vegcaps
 Item#7620

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VICTORIA: Shop by Phone: 250-386-1252 (fax: 250-386-1299) • Free Delivery Mon-Fri with minimum \$70 order within radius. THE VITAMIN SHOP® 3



NAKA TART CHERRY

- contains anthocyanins which are known to neutralize free radicals
- reported health benefits are reducing joint pain, reduce pain and swelling from gout and arthritis, reduced muscle soreness
- naturally-occurring melatonin content may help with sleep quality

BONUS SIZE
90+35 Vcaps
\$26.48

Item#6384



NAKA Organic BLACK SEED 1000mg

- proven to support seasonal allergies and overall health
- 1000mg of pure, cold-pressed black seed oil per softgel
- no nuts, eggs, dairy, fish, shellfish, starch, soy, corn, wheat or yeast
- take daily for overall immune support
- GMO & gluten free
- not irradiated • 100% Pure

90 Softgels
\$27.58

Item#6296



NAKA SERRAPEPTASE 120,000 SU

- used as an antiinflammatory to help relieve joint pain
- a hepato-protectant/liver protectant
- can help relieve flatulent dyspepsia & aid digestion
- can increase bile excretion by the liver (choleric) and stimulate contraction of the gallbladder

BONUS SIZE
120+30 Vcaps
\$33.98

Item#6130



PREFERRED NUTRITION BERBERINE 500mg

- naturally-occurring compound
- helps maintain healthy glucose metabolism and cardiovascular health
- berberine lowers blood sugar and minimizes production of insulin, the fat-storing hormone

180 Vegcaps 240 Vegcaps
Item#5892 Item#5903

\$4 coupon will be applied



BELL HEALTHY BLOOD PRESSURE SUPPORT #26

- supports normal blood pressure by relaxing blood vessels
- fish peptide extract will provide support & collagen to almost every cell in the body and inhibits ACE (angiotensin converting enzyme)
- ACE is responsible for blood vessel constriction

60 Caps
\$35.58

Item#1924



ENEREX SATISFACTION for Men

- for sexual health and performance
- herbal aphrodisiacs with L-arginine and B vitamins

60 Vegcaps Item#5381

\$2 coupon will be applied

SENSATIONAL for Women

- to improve desire and physical stimulation
- time-honoured herbs enhanced with B vitamins

Item#5382 60 Vegcaps



ULTIMATE BLADDER CONTROL

Water-soluble pumpkin seed extract found in Ultimate Bladder Control can strengthen pelvic floor muscles helping the bladder relax and helping prevent and reverse prostate enlargement in men

60 Vegcaps Item#4375

\$2 coupon will be applied



KYOLIC FORMULA 106 Cholesterol Control

- the value of whole, raw, organic garlic without the potential irritation to the digestive tract
- combination of Aged Garlic Extract, vitamin E and anti-oxidant herbs to promote healthy circulation, blood pressure and optimal cardiovascular health
- anti-oxidant, cleansing and regenerative properties

180 Caps
\$40.48

Item#3114



BULLETPROOF BRAIN OCTANE C8 MCT Oil

- effective in providing increased brainpower, reduced brain fog and enhanced energy
- medium chain triglyceride from coconut oils
- rapidly metabolized into ketones, providing a quick source of brain fuel from fats rather than inflammation-causing sugar
- adding Brain Octane to your diet helps you maintain peak mental performance

946ml
\$66.78

Item#3511



HEALTHOLOGY CHOLESTO LESS

- to lower total cholesterol and LDL 'bad' cholesterol
- to raise HDL 'good' cholesterol
- also supports overall cardiovascular health with ubiquinol

60 Softgels Item#5071

\$5 coupon will be applied



MEGAFOOD BABY & ME 2 Blood Builder

- pregnancy and lactation are nutritionally demanding times
- safe and gentle whole food form
- helps restore iron levels to combat fatigue and improve energy
- iron in a natural 100% whole food form is non-binding and gentle on the stomach

VALUE PACK
60+30 Tabs

Item#4122

\$5 coupon will be applied



A VOGEL ABSOLUT ARNICA Effective Pain Relief

VALUE-PACK
50ml + 50ml
\$23.88

Item#7325

- formulated with fresh organic arnica flower tincture
- to soothe muscle & joint inflammation due to sprains, bruises, wounds & arthritis



SALUS CALCIUM MAGNESIUM Liquid Tonic

- with zinc and vitamin D
- for strong bones, teeth, healthy gums and cardiovascular system
- without magnesium, calcium can harden arteries or create kidney stones
- optimal bio-availability
- contains fruit juices for proper acid balance needed for absorption

\$3 coupon will be applied

500 ml
Item#4443



FLORA FERRITIN+

- plant-based ferritin-iron made from organic peas
- time release & efficient absorption, thus minimizing digestive upset
- direct release caps
- plant-based ferritin iron capsules can effectively maintain healthy iron levels

BONUS SIZE
30+10 Vcaps

Item#1814

\$2 coupon will be applied



A VOGEL ECHINAFORCE

- a proven immune system enhancer with antiviral & antibiotic activity
- 100% pure, hand-picked, organically grown echinacea purpurea herb and root
- Sore Throat Spray**
- for sore throat, strep throat, tonsillitis, bronchial infection, and eye, ear and sinus infection

VALUE-PACK
100ml+30ml
\$32.68

Item#7309

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WHAT'S UBIQUINOL?

Ubiquinol is a pre-converted form of CoQ10 that's easier for your body to convert into ATP (energy)

Available in 100 or 200 mg

Free of GMOs, gluten and soy



UBIQUINOL ACTIVE COQ10 Greater absorption than conventional CoQ10

- supports heart health, energy, antioxidant protection & maintaining health as we age

100mg
60 Softgels

Item#2357

100mg
120 Softgels

Item#5748

200mg
30 Softgels

Item#2343

200mg
60 Softgels

Item#2344



Hawthorn
60 Vegcaps

Item#2329

HAWTHORN EXTRACT 300mg

- can help maintain cardiovascular health with blood circulation in adults
- potent antioxidants
- supports healthy heart muscle contractions
- standardized to 2.2% flavonoids
- support heart function naturally

\$2.00 OFF
these
cardiovascular
health products
from

natural Factors®



HARMONIC ARTS

Plant-Powered Products that Promote Stress Relief, Energy & Immunity

5 MUSHROOM Cacao Herbal Latte

125g #8554 \$24.98
375g #2448 \$60.88

KICKSTART Coffee Substitute

125g #8682 \$25.48

GOLDEN MYLK Classic Blend

125g #8317 \$25.48



AOR MAGNESIUM+TAURINE

- anti-arrhythmic, antihypertensive and cardio-protective
- magnesium and taurine deficiencies have also been observed in diabetics, trauma patients, individuals requiring long term intravenous feeding and individuals with liver or kidney failure
- a balanced amount of magnesium and taurine

180 Caps Item#7797

\$3 coupon will be applied



CANPREV IMMUNO MULTI

- daily multi-antioxidant and vitamin
- 30 of the finest natural ingredients including 20 of the most powerful antioxidants in doses required to help prevent cellular damage and enhance immune system
- based on published scientific research

90 Vegcaps Item#1532

\$3 coupon will be applied



ORGANIKA Hydrolyzed ENHANCED COLLAGEN

- helps retain skin elasticity
- strengthens hair and nails
- improves gut health
- supports joint and bone health
- from grass-fed, pasture-raised cattle without antibiotics, added hormones, GMO or artificial sweeteners
- keto and paleo-friendly

500 g
\$48.98

Item#2742



PURICA SLEEP SUPPORT

- combines extra-strength Reishi mushrooms, Ashwagandha and melatonin
- to enhance sleep quality, help you fall asleep quickly, maintain uninterrupted sleep and return to sleep if disturbed
- wake refreshed with improved clarity and well-being

60 Vegcaps Item#2601

\$3 coupon will be applied



CANPREV ZINC BIS-GLYCINATE 25mg

- helps blood sugar level and thyroid
- may prevent the common cold from multiplying in the upper respiratory system

120 Vegcaps
Item#6383

\$3 coupon will be applied

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